

Sample of Reception Options

The following are examples of menu options available from Essie's Catering.

Any of these options can be adjusted to meet your specific need.

Additional items are also available.

Punch, Iced Tea, Beer, Wine and/or Full Bar are available with any menu.
Contact Essie's for details 803-329-2228.

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Mini Crab Cake Station served with Cocktail Sauce
Assorted Canapés filled with Cheese Mousse, Chicken Salad and Ham
Salad
Lobster, Crab and Shrimp Spread served with Sliced French Bread
Spinach and Artichoke Spread served with Assorted Crackers
Mini Pork, Beef and Chicken Kabobs served with Dipping Sauces
Assorted Fresh Berries, Seedless Grapes, Pineapple and Melon served
with Creamy Chocolate Sauce

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Vegetarian Special

An Assortment of Fresh Fruit served with Cinnamon Yogurt Dip
Fresh Raw Vegetables served with Spicy Cajun Dip
Assorted Mini Vegetable Quiche
Pasta Table with Assorted Pasta and Sauces
Assorted Bread and Dip Table (An Assortment of Fresh Baked Bread,
Black Bean, Eggplant, Chick Peas and Ground Sesame Seed (Hummus),
Garlic Bread Olive Spread and Artichoke Dip)
Assorted Mini Sweets and Pastries

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Fresh Fruit served with Creamy Chocolate Sauce
Assorted Imported and Domestic Cheeses served with Crackers
Fresh Raw Vegetables served with Creamy Ranch Dip
Spinach Dip served with Sliced French Bread and Bagel Chips
Cajun Style Shrimp served from an Ice Carved Boat
Carved Roast Pork and Tenderloin of Beef served with Assorted Fresh
Baked Yeast Rolls, Creamy Horseradish Sauce and Honey Dijon Sauce
Marinated and Sautéed Tenderloin of Chicken with Julianne of
Vegetables
Whole Smoked Salmon displayed and served with Assorted Fresh
Sliced Bread and a Creamy Lime Dill Sauce

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Carved Smoked Turkey Served with Homemade Buttermilk Biscuits
Assorted Mini French Pastries and Swiss Chocolate Mousse Cups
Black Bean Dip served with Toasted Pita Bread
Spanakopita or Spinach Fillo (Fillo filled with Spinach, Feta Cheese
Herb and Spices)
Assorted Cheeses served with Crackers and Garnished with Fresh Fruit
Pasta Station with Assorted Pasta and Sauces
Marinated Greek Steak Sautéed and served with Juliannes of Fresh
Fruit

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Stuffed Mushrooms with Crabmeat or Spicy Sausage
Fresh Fruit served with Creamy Cinnamon Dip
Assorted Imported and Domestic Cheeses served with Crackers and
Sliced French Bread
Fresh Raw Vegetables served with Creamy Ranch Dip
Assorted Petite Quiche
Pre Carved Roast Beef and Smoked Turkey served with Assorted Rolls
and Honey Dijon
Spinach and Crab Dip served with Assorted Crackers
Assorted Mini French Pastries and Swiss Chocolate Mousse Cups

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